Addiction Resources

Jewish Resources:

Beit T’shuvah
www.beittshuvah.org
(310) 204-5200
Beit T’shuvah is an addiction treatment facility and full-service congregation in Los Angeles, founded by Rabbi Mark Borovitz. Our mission is to guide individuals and families towards a path of living well, so that wrestling souls can recover from addiction and learn how to properly heal. The Beit T’Shuvah faith-based model, founded on authenticity and wholeness, integrates spirituality, psychotherapy, Jewish teachings, the 12 Steps, and the creative arts. We are a compassionate, supportive community, devoted to building an empowering sense of belonging and purpose to everyone who seeks it. Beit T'Shuvah believes everyone has the right to redemption, and practices never turning a single soul away due to their inability to pay... allowing for all who wish, to make T'Shuvah.

Beit Yosef
http://www.thebeityosef.org/
31 East 32 Street, 3rd Floor
New York, NY 10016
212-481-8484, x394
info@thebeityosef.org
Beit Yosef is a faith-based recovery community, blending Jewish values and spirituality to help those who are battling the disease of Addiction, founded by Rabbi Ellie Shemtov of AJR. Mission statement: “The disease of addiction is as much an issue among Jews as it is among any religious or ethnic groups. In order to address this problem, the Jewish community needs to embrace alcoholics and drug addicts. They are our relatives, our friends, our colleagues, and even our leaders. Judaism is not only for the well; it is also for the sick. The Jewish community can be a source of strength and hope for those struggling with alcoholism and addiction and those touched by it. But first we need to open our eyes to the disease and become sensitive to the suffering that it causes.” (Rabbi Paul Steinberg in Recovery, the 12 Steps, and Jewish Spirituality: Reclaiming Hope, Courage & Wholeness (2014)).

JACS (New York)
Jewish Alcoholics, Chemically Dependent Persons and Significant Others (JACS)
Phone: 212.632.4600 Fax: 212.399.3525 Email: jacs@jbfcs.org
Sharon Darack, Program Director:
sdarack@jbfcs.org
212-632-4727
Services Provided: Addiction Recovery, Jewish Community Services
https://jewishboard.org/listing/jewish-alcoholics-chemically-dependent-persons-and-significant-others-jacs/

Jewish Alcoholics, Chemically Dependent Persons and Significant Others (JACS) is dedicated to: Encouraging and assisting Jewish alcoholics, chemically dependent persons and their families, friends and associates to explore recovery in a nurturing Jewish environment. Promoting knowledge and understanding of the disease of alcoholism and chemical dependency as it involves the Jewish community. Acting as a resource center and information clearinghouse on the effects of alcoholism and drug dependency on Jewish family life. There are JACS branches all over the country.

**Jewish Addiction Awareness Network (JAAN)**
23052-H Alicia Parkway, #118
Mission Viejo, CA 92692
949-424-JAAN (5226)
http://www.jaanetwork.org/
Mission statement: To increase understanding of the disease of addiction and decrease stigma by connecting individuals, families, and professionals across the Jewish spectrum in order to explore the intersection of Judaism and recovery, exchange resources, and support those in crisis.

**Jewish Recovery Center**
www.jewishrecovery.com
561-450-5503
info@jewishrecoverycenter.com
A recovery center and community founded and directed by Rabbi Meir Kessler, based in Boca Raton, Florida. The Jewish Recovery Center is as a key resource for Jewish addicts in recovery, their families and the recovering Jewish community in Palm Beach County. They offer referrals, screenings and emergency placement for detox, as well as aftercare management including a sober house for those completing in-patient treatment. Programs include Shabbos dinners, retreats, lecture series, and support groups.

**General Resources:**
**Alcoholics Anonymous**
www.aa.org
The official website of Alcoholics Anonymous, founded by Bill W. Alcoholics Anonymous is an international fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem. Alcoholics Anonymous uses a twelve-step program to aid in recovery from the effects of addiction.

General Service Office of AA in New York City:
A.A. World Services, Inc., P.O. Box 459, Grand Central Station
New York, NY 10163  
(212) 870-3400  
Hotline: 866 247 2207

**Alanon/Alateen:**  
Al-anon.org  
Al-Anon Family Group Headquarters, Inc  
1600 Corporate Landing Parkway  
Virginia Beach, VA 23454-5617  
Telephone: (757) 563-1600  
Fax: (757) 563-1656  
email: wso@al-anon.org  
Strength and hope for friends and families of problem drinkers.  
In Al-Anon/Alateen, members do not give direction or advice to other members. Instead, they share their personal experiences and stories, and invite other members to “take what they like and leave the rest”—that is, to determine for themselves what lesson they could apply to their own lives.

**Narcotics Anonymous**  
www.na.org  
NA World Services, PO Box 9999, Van Nuys, California USA 91409  
Telephone +1.818.773.9999  
Fax +1.818.700.0700  
fsmail@na.org  
Narcotics Anonymous is a global, community-based organization with a multi-lingual and multicultural membership. We offer recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. The group atmosphere provides help from peers and offers an ongoing support network for addicts who wish to pursue and maintain a drug-free lifestyle. Our name, Narcotics Anonymous, is not meant to imply a focus on any particular drug; NA’s approach makes no distinction between drugs including alcohol. Membership is free, and we have no affiliation with any organizations outside of NA including governments, religions, law enforcement groups, or medical and psychiatric associations. Through all of our service efforts and our cooperation with others seeking to help addicts, we strive to reach a day when every addict in the world has an opportunity to experience our message of recovery in his or her own language and culture.

**Naranon/Narateen:**  
www.nar-anon.org  
(800) 477-6291  
23110 Crenshaw Blvd. Suite A, Torrance, CA 90505  
wso@nar-anon.org  
The Nar-Anon Family Groups is primarily for those who know or have known a feeling of desperation concerning the addiction problem of someone very near to you. Our program, which
is not a religious one but a spiritual way of life, is based on the Twelve Steps of Nar-Anon. We only ask for the wisdom and courage to see ourselves as we really are, to do something about ourselves with the help of a Higher Power as we understand this, and for the grace to release our addicts with love and cease trying to change them.

www.addicted.org
1-800-804-2219
Information on recovery care, rehab centers, detox centers, etc. Directories of care providers and care facilities. Hotline available.

National Institute on Drug Abuse (NIDA):
The National Institute on Drug Abuse (NIDA) leads the Nation in scientific research on the health aspects of drug abuse and addiction. It supports and conducts research across a broad range of disciplines, including genetics, functional neuroimaging, social neuroscience, prevention, medication and behavioral therapies, and health services. It then disseminates the results of that research to significantly improve prevention and treatment and to inform policy as it relates to drug abuse and addiction. Additional information is available at drugabuse.gov or by calling 301-443-1124.

National Institute on Alcohol Abuse and Alcoholism (NIAAA)
The National Institute on Alcohol Abuse and Alcoholism (NIAAA) provides leadership in the national effort to reduce alcohol-related problems by conducting and supporting research in a wide range of scientific areas, including genetics, neuroscience, epidemiology, health risks and benefits of alcohol consumption, prevention, and treatment; coordinating and collaborating with other research institutes and Federal programs on alcohol-related issues; collaborating with international, national, State, and local institutions, organizations, agencies, and programs engaged in alcohol-related work; and translating and disseminating research findings to healthcare providers, researchers, policymakers, and the public. Additional information is available at www.niaaa.nih.gov or by calling 301-443-3860.

Center for Substance Abuse Treatment (CSAT)
The Center for Substance Abuse Treatment (CSAT), a part of the Substance Abuse and Mental Health Services Administration (SAMHSA), is responsible for supporting treatment services through a block grant program, as well as disseminating findings to the field and promoting their adoption. CSAT also operates the 24-hour National Treatment Referral Hotline (1-800-662-HELP), which offers information and referral services to people seeking treatment programs and other assistance. CSAT publications are available through SAMHSA's Store (store.samhsa.gov). Additional information about CSAT can be found on SAMHSA's Web site at www.samhsa.gov/about-us/who-we-are/offices-centers/csat.

Addiction Resource
Addictionresource.com
1-800-662-HELP (4357)
We offer full and verifiable information on substance addiction and abuse. Learn if you or someone you love suffers from addiction. Find the best treatment and drug rehab facilities and learn about how your insurance can cover the expenses. Addiction Resource offers free informational resources and a free toll-free hotline, where you can learn about the details for a successful treatment.

The Sexual Addiction Treatment and Training Institute
www.thesattigroup.com
212-366-1490, One Patchin Place, New York, New York 10011
sattigroup@gmail.com
We are a group of established psychotherapists trained in the field of addiction who specialize in both treating sexual addiction and in teaching other professionals how to diagnose and treat this problem. In our work, we integrate psychodynamic modalities with the pragmatic methodologies of the 12-Step self-help groups. Our staff includes a board-certified consulting psychiatrist, a psychologist, a rabbi, and social workers skilled in individual, couples, and group therapy.

Veterans Healing Initiative
http://www.vetshealing.org/
108 Veronese Drive, Greenville, SC 29609
917-509-7873
855 247 8500 (hotline)
contact@vetshealing.org
Veterans Healing Initiative is the nation's only nonprofit organization dedicated to helping veterans access treatment for substance abuse and trauma.